

SAINIK SCHOOL NAGROTA



JAMMU & KASHMIR



SAINIK SCHOOL NAGROTA
BEST NEW GENERATION SCHOOLS

Brief History of The School

Sainik School Nagrota stands majestically spread over 108 acres facing Trikuta Hills on the bank of river Tawi. The School is about 15 kms away from Jammu, the city of temples.

The School came into being on 22 Aug 1970 at the behest of the then Defence Minister of India, Shri Jagjivan Ram. The School was raised, amidst the challenging times of 1971 Indo-Pak war, under the visionary leadership of the founder Principal Commander NN Seth.

The School is a modern 'Gurukul' in the true sense, as it provides opportunities for all round development of Cadets and prepares them academically, physically and mentally to excel in all walks of life.

The School has sent over 400 boys to the NDA and an almost equal number of boys have joined the Armed Forces as officers through IMA/ OTA/ NAVAC/ AFA.

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The Nagrotian Credo

Having entered the portals of Sainik School Nagrota, I cease to be an ordinary student. Henceforth, I shall belong to the creed of cadets called 'Nagrotians'. I am here to realize a dream, the dream to don the olives and guard the frontiers of our great motherland, for which I am committed to the core. As a cadet, I shall strive hard to imbibe in me the cardinal traits of a true leader with integrity and dedication. I shall not rest unto that moment.

Jai Hind!

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THE SCHOOL MOTTO & CREST

The School motto is '**Gyan, Veerta, Anushasan**' meaning 'Knowledge, Bravery and Discipline', essential for the Officers of the Armed Forces. Students are encouraged to imbibe the spirit of the motto, which is to strive, to achieve and not to yield. The School motto emphasizes achievement par excellence.

The '**Chinar Leaf**' in the school crest depicts a sense of permanence and durability with eternal youthfulness and inspires learning, wisdom and enlightenment.

The '**Sun**' signifies discipline, firmness and dynamism.

The '**Book**' manifests knowledge, intellect and culture.

The '**Crossed Swords**' stand for bravery.

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PERSONAL PARTICULARS

Name :

School No. : Class : Section (M/ F)

Date of Birth (DD/ MM/ YYYY) :

Mother's Name :

Father's Name :

Admission Date(DD/ MM/ YYYY) :

Category (SC/ ST/ OBC/ Gen / Def)

3rd Lang in Class-8 : Hindi/ Urdu Club Assigned :

Parent's Annual Income : Only Child : Yes/ No

Profession :

No. of Sisters : No. of Brothers :

Father's Mobile No.:..... Mother's Mobile No.:.....

Email ID :

Aadhar Card No. :

At The Helm

Principal

Capt (IN) A K Desai
M.Sc (Physics), M.Sc (SWMARS)

Vice Principal

Lt Col Amit Selot
MCA, B Ed.

Administrative Officer

Lt Col Meena Joon
M.Sc (Micro Biology)

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Academic Training Staff

Name	Edu Qualification	Appt.	Code	Mobile No
Mr. S Rajagopalan	M A (Eng), B.Ed,	PGT	SM	94692 - 14741
Mr. SK Rana	M.Sc (Chem) M.Ed.	PGT	SKR	94193 - 03747
A.K Gupta	BE (Comp)	PGT	AKG	96972 - 16091
Mr. Narendra Kumar	M.Sc (Maths) B.Ed	PGT	NK	94198 - 23351
Mr. Pankaj Mishra	M.Sc (Phy),M Phil B.Ed	PGT	PKM	94192 - 21059
Mrs Savita Sharma	MA (Eng) B.Ed	PGT	SS	88250 - 47673
Ms Monica	M Sc (Zoology) B Ed	PGT	MON	70732 - 76291
Mr Kundan Yadav	M.Sc (Maths) B.Ed	PGT	KY	72949 - 58792
Mr. Ramesh Dogra	M.Sc, B.Ed	TGT	RD	94198 - 01545
Mr. RS Dayal	B.F.A.	TGT	RSD	94198 - 60855
Mr. SS Jamwal	M A, B.Ed	TGT	SSJ	94192 - 08756
Mr. BBR Chibber	MA (History) B.Ed	TGT	BBR	94191 - 05688
Mr. SK Dhasmana	M.Sc, B.Ed.	TGT	SKD	96975 - 03135
Mr. Rajvinder Singh	B.A. B.Ed.	TGT	RJ	94192 - 02557
Mr. DC Sharma	MA (Urdu) B.Ed.	TGT	DC	94192 - 79415
Mrs Salona Bansal	M.Sc, B.Ed	TGT	SB	72980 - 21508
Mr. Shahbaz Alam	MA (Urdu) M.Ed	TGT	SA	99908 - 39811
Mr. Sunil Prakash	MCA, B.Ed	TGT	SP	96826 - 39922
Ms Meenu	MA (Eng) B.Ed	TGT	MS	82838 - 84577
Mr. Mohd Kashif	M.Sc (Maths) B.Ed	TGT	MK	98917 - 59604
Ms Sheetal Bhagat	MA B.Ed	TGT	SHB	70066 - 57434
Ms Dimple Verma	MA B.Ed	TGT	DV	60053 - 24530
Mr. Ashish Sharma	M Lib.	Librarian	AS	60060 - 87416
Mr Vivek Kumar	MA B.Ed	TGT	VK	81879 - 96168
Mrs Sugandha	M.A B.Ed	PGT	SUG	90188 - 84248
Ms Deeksha	M.Sc B.Ed	TGT	DEE	96825 - 93075
Mr. KS Rawat	AISSCE	Lab Asst	KSR	94191 - 67341
Mr. MK Shukla	BA	Lab Asst	MKS	90860 - 22515
Mr. Saroj Thakur	BA, BEd	Lab Asst	SKT	84930 - 46710
Hav Ashoni Kumar	APTC	PTI	AK	60063 - 68350
Hav Dhruva HS	APTC	PTI	DHS	82372 - 22956

Administrative Staff

Ser	Name	Designation	Mobile No
1	Mr Parshotam Kumar	Office Superintendent	94192 - 25922
2	Mr Vinod Kumar	Accountant	70068 - 12354
3	Mr Sham Lal	Quartermaster	70511 - 27698
4	Mr Raj Kumar	Building Supervisor	99061 - 46062
5	Mr Jibin Sebastian	Nursing Assistant	91031 - 41252
6	Mr MS Chauhan	Upper Division Clerk	97960 - 03219
7	Mr Roshan Lal	Upper Division Clerk	94692 - 45701
8	Mr Subhash Chander	Lower Division Clerk	94198 - 78957
9	Mr Vivekanand Prasad	Lower Division Clerk	70510 - 34987
10	Mr Raj Karan	Lower Division Clerk	99915 - 07163
11	Mr Amar Nath	Medical Attendant	90182 - 79870
12	Mrs Shanimol Thomas	Medical Attendant	70518 - 94252
13	Ms Sashi Sharma	Matron	78896 - 25451

Junior Division Independent Company National Cadet Corps Sainik School Nagrota

Ser	Rank	Name	Designation	Mobile No.
1	Subedar	Ghar Singh	NCC Staff	97976 - 76231
2	Havildar	Raj Singh	NCC Staff	94089 - 34306
3	Second Officer	BBR Chibber	ANO	94191 - 05688
4	Third Officer	Rajvinder Singh	ANO	94192 - 02557
5	Third Officer	Dewan Chand	ANO (N)	94192 - 79415
6	Third Officer	SK Dhasmana	ANO	96975 - 03135
7	-	Mr.Shahbaz Alam	Care Taker	99908 - 39811
8	-	Mr. Babu Ram	Jr Asst.	70060 - 14180

Class Teachers for The Session 2023 - 24

Class/ Sec	Teacher In Charge
VI - A	SA
VI - B	SP
VII - A	MK
VII - B	DC
VIII - A	SSJ
VIII - B	DEE
IX - A	SHB
IX - B	VK
X - A	BBR
X - B	RD
XI - A	KY
XI - B	SUG
XII - A	SKR
XII - B	NK

List of House / Hostel Masters and House Tutors Academic Year 2023 - 24

Ser	House	Name	Tutor 1	Tutor 2
1.	Jhelum Sr.	Mrs. AK Gupta	NK	BBR
2.	Jhelum Jr.	Mr. PK Mishra	VK	SA
3.	Trikuta Sr.	Mr. Rajvinder Singh	SUG	RSD
4.	Trikuta Jr.	Mr. Mohd Kashif	SP	AS
5.	Chenab Sr.	Mrs. Salona Bansal	KY	SH B
6.	Chenab Jr.	Ms. Meenu	DC	AS
7.	Sindh Sr.	Mr. SK Dhasmana	SKR	SSJ
8.	Sindh Jr.	Ms. Monica	RD	DV
9.	Triveni	Ms. Sheetal Bhagat	DEE	DEE

Secondary Duties

Ser	Secondary Duty	I/C
1.	Academic Advisory Committee	SM, PKM, SKD, SB
2.	Academic Head (IX - X)	SKD
3.	Academic Head (VI - VIII)	SB
4.	Academic Head (XI - XII)	PKM
5.	Academic Time Table	SKR
6.	AISSEE Coordinator	SKD, MK
7.	Annual Nagrotian Mela	PKM, SSJ, SKT
8.	Archery Club	SSH

Ser	Secondary Duty	I/C
9.	Armed Forces Day Army / Navy / Airforce	BBR, DC
10.	Arts Club	RSD
11.	Assembly	SM, House Masters
12.	Atal Tinkering Laboratory	RD
13.	Athletics	SKR, PTIs
14.	Auditorium Projection operation, Cabin Control, Lights & Sound/ Movie	SP, KS
15.	Azadi Ka Amrit Mahotsav, Ek Bharat Shreshtha Bharat, Puneet Sagar Abhiyaan	SA SKD DC
16.	Badminton	SH B, DV
17.	Band Club	BM
18.	Basketball	RD, PKM
19.	Cadets' Diary, Teachers' Diary, Syllabus Handouts Printing	SM, SSJ
20.	Cadets' Library Committee	School Captain, All 05 House Masters
21.	CBSE Circulars / Correspondence	SB, RS
22.	CBSE Registration	MON, RS
23.	CCTV System Administrator	SP
24.	Central Webinars	Kuldeep
25.	Class Adjustments	SKR
26.	Inter Zonal Coordinator	SM, PTIs
27.	Class Display Boards	Class Teachers

Ser	Secondary Duty	I/C
28.	Cross Country	SKR, PTIs
29.	CSD Canteen	RSD
30.	CSIR - KAMP	SB, DEE, RD
31.	Cultural Club	DC, AS
32.	Cycling Club	SA, MK
33.	Dramatics Competition	MS, SH B
34.	Drill Competition	RD, BBR, SKD
35.	Ecology Club	SA, SH B
36.	English Debate	SSJ
37.	English Declamation	SUG
38.	English Essay Writing	SSJ, MS
39.	English Literary Club	SUG, MS
40.	English Poetry Recitation	MS
41.	Ex Boys Meet	SKR, SSJ
42.	Examination Cell	SA, AS, SKT
43.	Farewell to Class XII	PKM, MON
44.	Fit India Events	RJ, PTI
45.	Football Jr	DEE, SP
46.	Football Sub Jr	SA, MK
47.	Guest Lectures	SKR, MON
48.	Handball & Karate	SSJ
49.	Heritage/ Tourism Club	BBR
50.	Hindi Debate Competition	VK, DV
51.	Hindi Literary Club	VK, DV
52.	Hindi Pakhwara	VK, DV
53.	Hindi Poetry Recitation Competition	VK, DV
54.	Hockey	SKD, DC
55.	Holi Celebration	ALL HOUSEMASTERS

Ser	Secondary Duty	I/C
56.	Honour Code Committee	Cadet appointments and nominated members (on rotation)
57.	Independence Day / Republic Day	RD, BBR
58.	Indoor Games	HOSTEL MASTERS
59.	Inter House/ Inter School Painting Competition	RSD
60.	International Yoga Day & Yoga Train- ing/ Certification	PTIs, OS
61.	IPSC Competitions	RJ, PTIs
62.	IT Club	AKG, SP
63.	IT Resources, Website / AMC	AKG, SP
64.	Investiture Ceremony	SKR
65.	Kargil Vijay Diwas, Martyrs Day Visit to War Memorial	ALL ANOs
66.	Lawn Tennis	RSD
67.	Maths Club	SKD, MK
68.	Maths Lab	NK, MK
69.	Maths Olympiad	SKD, MK
70.	Minutes of Meetings	MS
71.	Music Club	BM, MS
72.	National Talent Search Examinations	DEE, RD
73.	NDA Cell/ Coaching Classes	SKR, NK
74.	North Zone Competitions	RD, SP
75.	Obstacle Course	NK
76.	Parent Teacher Meetings	PKM, <small>Class Teachers</small>
77.	Photography Club	RJ, KS
78.	Pradhan Mantri Kaushal Vikas Yojna	AKG, SP
79.	Prizes, Medals and Certificates	NK, MK
80.	Quiz	BBR

Ser	Secondary Duty	I/C
81.	Reader's Club	AS, SUG
82.	Remedial Classes	SM, All Teachers
83.	Sahodaya Schools Competition	BBR, PTI
84.	School Annual Day	SM + Committee
85.	School Choir	BM
86.	School Magazine, Newsletter	SUG, MS, SSJ, VK, DC, SA
87.	School Raising Day	SKR, KY
88.	Science Club	RD, SB
89.	Science Olympiad	DEE, RD
90.	SIBC	SKR, AKG, RJ, SP,KS, MSC
91.	Sign Boards and Banners	RSD
92.	SPACS System in Hostels	RJ, Hostel Masters
93.	Staff Club	SSJ, MS, MKS
94.	Teacher's Day	BBR, SUG, SH B
95.	Tours / Excursions / Motivational Visits (Rest of India)	RSD, SA
96.	Tours / Excursions / Motivational Visits (Within J&K)	AS, SP
97.	UDISE Registration Update	NK, SKD, RS
98.	UPSC NDA Registration	AKG, SKR
99.	Urdu Competitions Poetry / Essay	DC, SA
100.	Van Mahotsav	SSJ, AS
101.	Volleyball	NK, SSJ

School Appointments

Sch. No	Name	House	Appointment	Remarks
4153	Arush Verma	Jhelum	School Captain	XII
4180	Yasir Mukhtar	Trikuta	Cadet Adjutant	XI
4136	Hardik Pandey	Sindh	Sports Captain	XII
4098	Akhil Raj	Trikuta	Academic Captain	XII
4076	Lobzang Chosphel	Sindh	Mess Captain	XII
4196	Guruansh Ayushman	Trkuta	Cultural Captain	XI
4152	Aaryendra Vats	Trikuta	Band Captain	XII

Chenab House Appointments

Sch. No	Name	House	Appointment	Remarks
4101	Arjun	Sr	House Captain	XII
4163	Brajesh Kumar	-do-	House Vice Captain	XI
4131	Aniket Badyal	-do-	House Academic Captain	XII
4105	Abhay Kumar	-do-	House Mess Captain	XII
4187	Pranav sharma	-do-	House Cultural Captain	XI
4298	Arush Verma	-do-	House Cultural Vice Captain	X
4115	Ankit	-do-	House Sports Captain	XII
4183	Sachin Bandhawa	-do-	House Sports Vice Captain	XI
4333	Adarsh Kumar Tiwari	Jr	House Captain	IX
4349	Mohd Moneeb Lone	-do-	House Vice Captain	IX

Chenab House Prefect

Sch No	Name	House	Appointment	Remarks
4502	Vanshika Devi	Jr	Girl Prefect	VII
4544	Shivansh Mahajan	-do-	House Prefect	VII
4443	Nema Kunzes	-do-	Girl Prefect	VIII
4431	Faisal Rashid Naik	-do-	House Prefect	VIII
4345	Saadat-Ul-Islam	-do-	House Prefect	IX
4271	Stanzin Chosgyal	Sr	House Prefect	X
4155	Piyush Raj	-do-	House Prefect	XI

Sindh House Appointments

Sch. No	Name	House	Appointment	Remarks
4130	Abhishek Choudhary	Sr	House Captain	XII
4178	Ikhtlaq Hassan	-do-	House Vice Captain	XI
4076	Gurpreet Singh Mehta	-do-	House Academic Cap-tain	XII
4122	Gurpreet Singh	-do-	House Mess Captain	XII
4198	Priya Ranjan	-do-	House Cultural Captain	XI
4262	Rudraksh Sharma	-do-	House Cultural Vice Captain	X
4148	Rohit Gupta	-do-	House Sports Captain	XII
4170	Ansh Saini	-do-	House Sports Vice Cap- tain	XI
4332	Romil Choudhary	Jr	House Captain	IX
4348	Tsewang Khenphel	-do-	House Vice Captain	IX

Sindh House Prefects

Sch. No	Name	House	Appointment	Remarks
4577	Kriti Sharma	Jr	Girl Prefect	VII
4435	Anjali Bhagat	-do-	Girl Prefect	VIII
4485	Paras	-do-	House Prefect	VII
4467	Amrit Choudhary	-do-	House Prefect	VIII
4387	Sourav Sharma	-do-	House Prefect	IX
4270	Bhavishya Sharma	Sr	House Prefect	X
4174	Amay Koul	-do-	House Prefect	XI

Jhelum House Appointments

Sch. No	Name	House	Appointment	Remarks
4095	Ritik Shekhawat	Sr	House Captain	XII
4161	Hussainin	-do-	House Vice Captain	XI
4075	Dhruv Dev Singh	-do-	House Academic Cap- tain	XII
4107	Aman	-do-	House Mess Captain	XII
4244	Priyanshu Singh	-do-	House Cultural Captain	XI
4253	Adarsh Choudhary	-do-	House Cultural Vice Captain	X
4133	Ankush Thakur	-do-	House Sports Captain	XII
4193	Shubham Sudan	-do-	House Sports Vice Captain	XI
4354	Raghav Chib	Jr	House Captain	IX
4368	Bhanu Pratap	-do-	House Vice Captain	IX

Jhelum House Prefects

School No	Name	House	Appointment	Remarks
4541	Niviriti Naamyia	Jr	Girl Prefect	VII
4554	Bhavishya Verma	-do-	House Prefect	VII
4422	Aabid Bashir	-do-	House Prefect	VIII
4433	Angel Choudhary	-do-	Girl Prefect	VIII
4384	Govind Kumar	-do-	House Prefect	IX
4295	Vikrant	Sr	House Prefect	X
4165	Keshav Sharma	-do-	House Prefect	XI

Chenab House Appointments

Sch No	Name	House	Appointment	Remarks
4124	Sarthak Sharma	Sr	House Captain	XII
4208	Bihan Ranjan	-do-	House Vice Captain	XI
4128	Tanveer Singh	-do-	House Academic Captain	XII
4094	Zaheer Hussain	-do-	House Mess Captain	XII
4168	Akshit Shan	-do-	House Cultural Captain	XI
4294	Zohaib Manzoor	-do-	House Cultural Vice Captain	X
4076	Harshdeep Singh	-do-	House Sports Cap- tain	XII
4164	Harshit Sharma	-do-	House Sports Vice Captain	XI
4346	Natik Rajput	Jr	House Captain	IX
4379	Akshansh Parihar	-do-	House Vice Captain	IX

Trikuta House Prefects

Sch No	Name	House	Appointment	Remarks
4487	Utkarsh Vivek	Jr	House Prefect	VII
4523	Peaval Rani	-do-	Girl Prefect	VII
4434	Mannat Sharma	-do-	Girl Prefect	VIII
4408	Aetism Reshi	-do-	House Prefect	VIII
4395	Ishant Shan	-do-	House Prefect	IX
4252	Vivek Singh Gouria	Sr	House Perfect	X
4245	Privathi Raj Sambyal	-do-	House Prefect	XI

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Class Room Rules

1. All cadets to reach classrooms in time.
2. Visit toilets during breaks only.
3. No furniture to be taken out of the class rooms.
4. Maintain cleanliness at all times.
5. Do not remain in school building during odd hours unauthorized.
6. Do not make noise or play in classroom.
7. Throw paper, wrappers and other trash in dustbin only.
8. Conserve electricity. Switch off lights and fans when not required.
9. Maintain all text books/notebooks neatly and keep them up to date.

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Laboratory Rules

1. Follow the instructions given by the teachers/ lab staff.
2. Any breakage or loss must be reported immediately.
3. The cadets should come prepared with requisite theoretical knowledge to undertake experiment in the laboratory.
4. Cadets should come to laboratory with complete practical record and observation note book.
5. All cadets are to be regular for practical classes.
6. All work to be done in the presence of concerned teacher/ lab staff.
7. Cadets should not try to touch or taste any chemical as they can be harmful.

Rules of School Library

1. Maintain silence in the school library.
2. ny book lost/ torn must be informed to the librarian immediately and the book lost by the borrower shall have to be replaced within 15 days from the date of loss by the borrower.
3. Each borrower is supposed to examine the condition of the book when it is issued and has to ensure that the damage if any, is mentioned in the loan register.
4. While returning the book, the borrower will ensure that the date of return is correctly entered and each entry is signed by the librarian.
5. A borrower from whom fine or some other recovery is long overdue will be debarred from borrowing books from the library.

6. Stealing of books/ magazines from the school library is a serious offence. If a student is caught while stealing book/ magazine from the library he/ she will have to pay double the cost of the book in addition to other disciplinary action.
7. No reader shall lie on the tables, chairs.
8. No waste paper shall be thrown on the floor of the library.
9. Spitting in any part of the library is strictly prohibited.
10. Books may be retained for a period of two weeks by the borrower.
11. Please satisfy yourself about the condition of the book before leaving the issue counter.

Manners And Etiquettes

Basic / Personal Manners

1. Always be honest and truthful to self and others.
2. Keep your body, mind and soul clean.
3. Be polite. It is nice to use expressions like "Please", "Thank You", "I'm sorry" etc. appropriately (Request Class teacher to hold a practice dialogue)
4. Be kind to elderly people and ladies.
5. Be courteous to all helping staff.
6. Be kind to animals.
7. Do not lose your temper. One looks ridiculous in bad temper and generally it ends in repentance.
8. It is bad manners to argue. Think you may win a point, often better by agreeing, not by arguing.
9. Be considerate to your friends and neighbours at home and in school.

10. Mere reading about good manners does not make one perfect. Practise them.
11. Wear clean clothes always.
12. It does not benefit students to wear costly and showy garments; "Neat and simple" should be the motto.
13. Walk and dress smartly like a gentleman.
14. Do not cough, yawn, sneeze or belch in the presence of others without covering your mouth or nose with a handkerchief or hand and it is advisable to turn your face away from others while doing so. When you've finished, say, "Excuse me" or "I'm sorry".
15. Follow 'GAT' ; 'Gratitude', 'Appreciation' and 'Truth'.

Manners And Etiquettes

On Meeting New People

1. "How are you?" is an apt greeting on meeting strangers.
2. Avoid a string of personal questions on first meeting such as "How much pay do you draw?" And also do not start telling about yourself.
3. Do not call them by name. Use expressions such as "Sir", "Mr.", "Mrs.", and "Madam"
4. It is not only your school staff who are to be addressed as "Sir" or "Madam" but also other superiors such as a visiting guardian, any official or any elderly gentleman or lady.
5. Respect old age. Polite and endearing terms are heartening to all.
6. While entering a building or vehicle let him enter first. The same rule applies to ladies whether senior, equal or junior.

Towards Cadet Appointments

1. Carry out the instructions given by the Cadet appointments.
2. Do not shout or argue in the presence of seniors.
3. Normally do not speak unless addressed by seniors.
4. Offer seat to your senior. It is good manners to stand up when they stand next to you. The only exception is when you are eating, Seniors do not expect you to leave your meal and stand up. You may, however, wish or greet them when addressed or spoken directly.

Towards Ladies

1. A lady is always to be respected and protected.
2. Treat ladies like your own mother, aunt or sister.
3. Stand up when ladies older to you pass by or come to you.

Manners And Etiquettes

Towards Equals

1. Be Considerate and polite.
2. There will always be competition. Make it healthy and bear no enmity or prejudice.
3. Do not crack jokes with each and every one. Take each one's temperament and mood into account.
4. Have a sense of concern for your colleagues.
5. If you get more pocket money than others, do not boast or show off. Be modest in the canteen and while shopping.
6. Share what you can with others. Above all, remember these are precious days in your life. Friendships and impressions

you make now will last for a lifetime.

7. Towards Those Below You
8. There is no poor in the eyes of God.
9. Though poor but senior in age also deserves courtesy, kindness and respect from you.
10. Do not shout or abuse your staff, waiters, wardens, sweepers and cooks. If you address the waiter at the table, "Mr.X, Please give me water" or "Please give me water", he will respect you and give you better service.
11. Help in their chores such as in sweeping your dormitories. By your own example prove that no work is mean.
12. Greet them and their family as you greet others.

Cadets' Mess/ Dining Hall

1. Cadets to move hostel - wise to the Dining Hall for all meals. They should enter the Dining Hall in single line.
2. Discipline should be maintained in the Dining Hall. Cadets should follow Dining Hall etiquettes.
3. Cadets should leave the Dining Hall silently. All Cadets to sit up in 'Savdhan' when an officer or MOD enters/ leaves the Mess.
4. The mess is a cadet's home. Every cadet has to maintain a high standard of decency and decorum of the mess. Every cadet should take pride in this institution and uphold its dignity. Some tips to follow in the mess are enumerated in succeeding paragraphs.

Tips

1. Observe punctuality & follow the dress code strictly
2. The senior most dining member occupies the seat at the head of the table.
3. While eating do not keep your mouth open.
4. Do not produce any noise with cutlery.
5. Do not leave your seat, when the meals are in progress. Do not shout for the bearer.
6. In case your tablemate/ neighbour's seat is vacant (but the table laid, do not eat from his plate).
7. Do not get up for a second helping, Instead ask your neighbours/ mates to pass the dish over to you.
8. Don't argue with the bearer or any mess staff.
9. Never criticize food.
10. Do not start blowing your nose and cleaning your throat while seated at the dining table.
11. While talking to your mates/ neighbours, do not hold the cutlery up.

Do's

1. Be punctual on all occasions.
2. Be meticulous in your dress and turnout.
3. Pay proper respect and compliments to Officers, Staff, Families & Cadets.
4. Converse in English always.
5. Aim for originality in thought.
6. Be polite in your speech and deportment.
7. Take care of your personal belongings.

8. Use only refined language while conversing.
9. Make reading a habit.
10. Pay utmost care and attention to your health and personal hygiene.
11. Respect each other's individuality and live like brothers.
12. Treat your juniors with empathy. Guide them with love and affection like elder brothers.
13. Look after your buddy like a friend.
14. Always keep your classroom, living area and surroundings neat and clean.
15. Observe Mess etiquettes and conduct yourself with decorum and dignity at all times.
16. Respect your seniors and be courteous to them.
17. Take care of your habits and environment.
18. Remember - "YOU ARE BEING GROOMED TO BECOME AN OFFICER AND ABOVE ALL AN IDEAL CITIZEN OF THE COUNTRY".

Dont's

1. Do not indulge in any activity which will bring discredit to your school, yourself or your family.
2. Do not indulge in loose talk / rumours or discuss matters, which are detrimental to the institution, staff and cadets.
3. Do not cheat, tell lies or steal.
4. Do not litter the campus.
5. Do not borrow or lend money or any valuables/ equipment.
6. Do not leave the campus without permission/out pass.
7. Do not bully, harass or manhandle other cadets.

8. Do not miss classes, school activities and organized functions without a valid reason.
9. Do not disobey the orders/directions/instructions issued by the Staff/Appointments. All orders emanate from the Principal.
10. Do not waste food, water and electricity.

**TIME IS PRECIOUS
REMEMBER YOUR MISSION
WORK HARD TO ACHIEVE YOUR GOALS !!**

Points For Parents

1. Parents/ guardians are permitted to meet their wards on Parent's Day each month only from 1100 hrs to 1600 hrs. Parents Day will not be observed during Exam days.
2. The tuition & other fee must be paid in time otherwise child will not be permitted to study in school.
3. Parents should watch the cadet's progress carefully in academic and outdoor activities.
4. Parents should meet the Vice Principal if their wards progress is not satisfactory.
5. Students are required to score 40% in each subject and 50% aggregate to retain the scholarship.
6. PARENTS MUST NOT GIVE MOBILE PHONES/ OTHER ELECTRONIC GADGETS TO THEIR WARDS.
7. Parents are requested to have regular correspondence with their wards and school authorities.

8. Parents have to ensure that their wards meticulously follow the booking out and booking in schedule.
9. Parents should ensure that their wards utilise vacation period for studies & for completing the OTW.
10. Parents should send their wards back to school after each break or vacation as instructed.
11. Fine for late reporting after vacations @ Rs. 50 per day will be charged.
12. Parents will not visit classes and dorms.
13. Sharing School Circulars / documents in public domain through Social Media is not permitted.

* * *

Uniform Regulation

Events	Summer	Winter
PT	White Shorts, White T - Shirt, White Sports Shoes, White Socks	White Trousers, White T - Shirt, White Sports Shoes, White Socks, Jersey
Parade	Khaki Trousers, Khaki Shirt, Black Shoes, Black Socks	Khaki Trousers, Khaki Shirt, Blue Jersey, Black Shoes, Black Socks
School Time Ex- cept Wednesdays and Saturdays	Khaki Trousers, Khaki Shirt, Black Shoes, Black Socks	Khaki Trousers, Khaki Shirt, Blue Jersey, Black shoes, Black socks
Wednesdays	Grey Trousers, House Colour T - Shirt, Belt, Black Shoes, Black Socks	Grey Trousers, House Colour T - Shirt, Blue Jersey, Belt, Black Shoes, Black Socks
Saturday	Mufti	Mufti, Blue Jersey
Prep Time (All Days/ Club Days)	White Shorts, White T - Shirt, Sports Shoes, White Socks	Mufti, Belt, Blue Jersey, Black Shoes, Black Socks
Dinner (All Days)	Grey Trousers, White Shirt, Belt, Black Shoes, Black Socks	Mufti, Blue Jersey, Belt, Black Shoes, Black Socks

Note: Cock House Cadets will wear lanyards on the right shoulder.

Layout of a Personal Application

Cdt Arush Verma (4153)

Jhelum House

Sainik School

Nagrota

Date

The Principal

Sainik School

Nagrota - 181221(J&K)

Weekend Leave

Sir,

As my parents will be visiting Jammu from 14 - 15 February 2023. I would like to join them for a weekend. They will be staying at VPO - Randwal, Tehsil - Khour, District - Jammu during this period.

May I request you to kindly grant me special weekend leave from 18 to 19 February 2023, inclusive of both the dates. I am enclosing the letter of consent duly signed by my parents.

Thanking you in anticipation

Yours Obediently,
Signature of Cadet (Name)

Items to be Possessed by Each Cadet Throughout The Session

Ser	Name of Item	Quantity
1	Shirt White Terrycot full sleeve	4 Nos
2	Trousers White Terrycot	2 Nos
3	Shirts Khaki	3 Pairs
4	Trousers Khaki	3 Nos
5	Trousers Grey	2 Nos
6	Shorts White T/C	4 Nos
7	Socks Black (Nylon Plain)	5 Pairs
8	Socks White (Nylon Plain)	4 Pairs
9	Patka Black (For Sikhs Cadets only)	2 Nos
10	Night Suit Blue T/C	2 Nos
11	Vest Cotton White	4 Nos
12	Under Pant	4 Nos
13	Trousers Grey Worsted Woolen	1 Nos
14	Handkerchief	8 Nos
15	Blanket Woollen	1 No
16	Quilt	1 No
17	Quilt Cover White	1 No
18	Bucket Plastic Medium size	1 No
19	Mug Plastic	1 No
20	Glass (Steel)	1 No
21	Hangers	6 Nos
22	Box Containing Needle, Button, Thread, etc.	1 Box
23	Bed Roll	1 No
24	Mattress Coir Foam	1 No
25	Sleeper Bata/BSC	1 Pair
26	Tooth Brush & Tongue Cleaner	2 Nos
27	Tooth Paste	1 No

28	Washing Soap	2 Nos
29	Bathing Soap with Soap Case	2 Nos
30	Ink Marker Permanent	1 No
31	Torch Complete	1 No
32	Box Steel Black Painted size 30"x18"x14" with name of boy, School No. painted on it	1 No
33	Mirror folding	1 No
34	Pillow	1 No
35	Pillow Cover White	3 Nos
36	Coat Brush	1 No.
37	Lock (With Double keys)	3 Nos
38	Nail Cutter	1 No
39	Boot Brush	1 No.
40	Boot Polish Black	1 No.
41	Comb	2 Pairs
42	Sketch Pen	1 Packet
43	Fountain Pen	2 Nos
44	Geometry Box Camel	1 No
45	Clip Board	1 No
46	Scale Plastic (12")	1 No
47	Dictionary Oxford Advanced learners	1 No
48	Pencil HB	6 Nos
49	Eraser (Rubber)	1 Packet
50	Sharpener	2 Nos
51	Stationery as per requirement	1 No
52	Text Books as prescribed by NCERT	1 Set
53	Camelin / Wax/Pastel/Water Colour	2 Set
54	Sketch book medium/large	2 Nos
55	Towel Turkish Plain large size (white)	2 Nos
56	T - Shirt White	3 Nos
57	Black Shoes Plain (Bata Super Stride)	2 Pairs
58	Jersey Woolen Navy Blue V Neck Full Sleeve plain	1 No

59	Shoes White Sports	2 Pairs
60	Coat serge Navy Blue 30" - 44"	1 No
61	White Bedsheet 60" x 90"	2 Nos
62	School Bag	1 No

Note:

1. Items marked with "*" asterix will be provided by the school on payment.
2. Items marked as # may be checked with school CSD Canteen/ Wet Canteen for availability on payment.
3. Please check with school for shade/ brand of cloth for uniforms.

Code Of Conduct And Discipline: Cadets

1. The school rules have been divided into various sections and students are expected to adhere to the code of conduct mentioned therein. Non - compliance with the school rules shall lead to consequences which may also include dismissal from the school. The decision of the Principal is final and binding on all students in respect of rules/ instructions framed for discipline and good behaviour.
2. Forbidden Practices. No student is to indulge in any of the following: -
 - a. Damaging any School or others personal property.
 - b. Lending or borrowing money and other articles.
 - c. Anti - social behaviour including theft or using abusive/ offensive language.
 - d. Use of mobile phones, electronic gadgets is strictly

- prohibited.
- e. Any form of playing cards or gambling.
 - f. Use of prohibited alcohol/ drugs/intoxicants or smoking.
 - g. Chewing of betel leaves, tobacco, gutka, panmasala etc.
 - h. Bringing of objectionable/obscene materials in print or electronic form.
 - i. Use of violence, ragging/eve - teasing or passing lewd comments.
 - j. Bringing any sharp instrument and expensive articles.
 - k. Practice of untouchability or advocating of its customs, communalism or any such social evil.
 - l. Being in possession of or viewing/reading/screening/ sharing/ forwarding any kind of pornographic/ inappropriate material by SMS/e - mail or any other medium.
 - m. Students are not to discuss or criticize the school or their teachers or any school staff/authority on Facebook, Twitter, Instagram or any other social media.
 - n. Bring possession of sports articles like cricket bat, football, hockey sticks, volleyball etc in dormitory.
 - o. Playing any game inside/around hostel area.
 - p. Coming late for head counts. It is mandatory to attend all headcounts.
 - q. Deliberate spoiling of walls in school campus.
 - r. Coming late or missing meals in the cadets' mess.
 - s. Not adhering/listening to the instructions given by

- staff during activities/events.
- t. Use of unfair means in examination.
 - u. Not taking hair - cut twice in a month.
 - v. Not wearing proper uniform as promulgated.
 - w. Leaving school without prior authorization.
 - x. Procuring any eatable from outside market without per- mission from hostel master.
 - y. Absence without leave and over stay of leave granted.
 - z. Showing disrespect to National Flag including not standing in attention during flag hosting/hauling down.
 - aa. Participation in any joint agitation with fellow cadets
3. Withdrawal/ Expulsion/ Rustication from the school. The Princi- pal reserves the right to order the withdrawal of students on discipli- nary grounds without warning. SCOD (Standing Committee on Disci- pline) comprising of three teachers will hear cases of indiscipline by the students and give recommendation. Expulsion or rustication shall be resorted to in cases of grave offences where the retention of the students in the school is likely to endanger its moral tone or discipline.
- 4 . In case of criminal/ civil offence by any cadet, matter is to be reported to Chairman, LBA and Honorary Secretary, Sainik Schools Society. School is to render full support to civil administration. School may obtain help of school lawyer in such cases.

5. All punishment mentioned against each offence would be awarded fully.
6. Any major offence or repeated minor offences will lead to cancellation of scholarship.

* * *

Disciplinary Actions And Punishment

Ser. No.	Nature of Offence	1st Offence	2nd Offence	3rd Offence
1	Late for Headcount/ meals/ classes	Counselling by Hostel Master, ED - 02	Written statements, Dossier Entry, Information to VP for necessary action.	Case to be handed over to SCOD/ Parents to be informed
2	Creating problem in hostel including playing games inside hostel premise	Counselling by Hostel Staff, ED - 05	Written Statements, Dossier Entry, Information to VP for necessary action.	Case to be handed over to SCOD/ Parents to be informed
3	Improper Hair Cut	ED - 03	Written Statement, Dossier Entry, ED - 06.	Parents to be called. Considered as other major offences, ED - 10
4	Improper Dress/ Turnout	ED - 03	Written Statement, Dossier Entry, ED - 06.	Parents to be called. Considered as other major offences, ED - 10
5	Making any marks on the wall/ caricature	Dossier Entry/ Written Statement/ ED-04	Parents to be called, ED - 08	Suspension for 05 days. Considered as other major offences, ED - 10
6	Disobeying the school instructions/orders		Parents to be called, ED - 10	Suspension for 05 days. Considered as other major offences, ED - 10
7	Skipping Meals	Dossier Entry/7 Writte Statement/ ED-03	Parents to be called, ED - 06	Considered as other major offences.

Disciplinary Actions And Punishment

Ser. No.	Nature of Offence	1st Offence	2nd Offence	3rd Offence
1	Borrowing and lending money	Counsellor Written Statements/ Dossier entry/ Information to VP, ED - 10	Parents to be called, Suspension - 05 days.	Case to be handed over to SCOD
2	Using mobile phones and electronic gadgets	Seizing phones & gadgets/ Parents to be called/ dossier entry/ information to VP ED - 10, Mobile to be destroyed.	Suspension- 07 days.	Case to be handed over to SCOD
3	Use of Violence Ragging/ Eve-teasing/ Fighting	Case to be handed over to SCOD, Based on nature and severity, ED - 15, Suspension(15 days) or Expulsion to be considered.		
4	Damaging school property	Written statement/ Dossier entry/ Information to VP/ Parents to be called/ Penalty equal to the cost of damage property/ED - 10	Suspension for ten days. Twice penalty ED - 15	Expulsion from school
5	Antisocial behaviour against staff/ fellow students/ making religious/ casteist remarks	Written statement/ Dossier entry/ Information to VP/ Parents to be called /ED - 10	Case to be handed over to SCODED - 15 and Suspension may be considered	Expulsion from school
6	Leaving school campus without prior permission/ escaping from school	Parents to be called/ Dossier entry/ Case to be handed over to SCOD/ Expulsion		

7	Unfair means in examination	Information to parents/ Awarding zero marks in which unfair means were used as per CBSE guidelines/ED - 20	Case to be handed over to SCOD/ED - 20/ Suspension (10 days)	Expulsion from school
8	Viewing and using pornographic content	Parents to be called/ Dossier entry/ Statement/ ED	Suspension from school (07 days)	Expulsion from school
9	Any willful disobedience of a lawful order/ Instructions	Case to be handed over to SCOD. Based on nature and severity, ED(15), Suspension(15day Or Expulsion to be considered.	Expulsion	
10	Theft	- do -	- do -	
11	Any form of joint protest	- do -	- do -	
12	Any activity forbidden by law of the land.	- do -		
13	Disrespect to National Anthem/ Flag	- do -		
14	Indulging in Smoking/ Drinking/ Contraband substances	Parents to be called/ Dossier entry/case to be handed over to SCOD / Expulsion		
15	Other Major Offence	- do -	Suspension for 10 days	Withdrawal from school

ANNUAL FEE STRUCTURE (APPROX.)

(Subject to fee revision by Saink School Society MOD)

Ser. No.	Head	Fee for the Year 2023 - 24
For Existing Students		
(a)	Tuition Fees	96,635
(b)	Dietary Charges	31,000
(c)	Clothing Charges	2,500
(d)	Pocket Money & Incidental	1,500
(e)	Miscellaneous Expenditure	9,500
(f)	School Magazine/ News Letter & Calendar	500
	Total	₹ 1,41,635/-
Total payable for New Admission		
	SC/ST Category - ₹ 1,43,135/- (including ₹1,500/- Caution Money)	
	General Category - ₹ 1,44,635/- (including ₹ 3,000/- Caution Money)	

Mode of Payments. All payments to the school are to be made online as per instructions given in the school website or circular issued by the school to this effect.

Ministry Of Defence Scholarship

The scheme for award of scholarship to the children of Junior Com- missioned Officers and other Ranks of the Army and their equivalents of the other two services is as under (both serving & retired)

- a. Children of Non Commissioned Officers and Other Ranks
- ₹ 32,000/ - per annum

- b. Children of Junior Commissioned Officers Or their (equivalent in other two services)
- ₹16,000/ - per annum

- c. Children of Officers
- No Scholarship

* * *

Details Of Scholarship To Be Paid By J&K Govt.

1. For the grant of scholarship by J&K Govt., the terms of income have been defined as under. -

Income of parent (per annum)	Scholarship
Upto ₹ 3,00,000 / -	100% Tution fee
From ₹ 3,00,001 - ₹ 5,00,000 / -	75% Tution fee
From ₹ 5,00,001 - ₹ 7,50,000 / -	50% Tution fee
From ₹ 7,50,001 - ₹ 10,00,000 / -	25% Tution fee
More than ₹ 10,00,000 / -	Nil

2. In case of salaried class, Gross salary, bonus, honorarium, special deputation allowance, plus income from other sources if any would be taken into account
3. Conditions for the award or renewal of Scholarship are as under.
 - a. The scholar makes a satisfactory progress in studies.
 - b. He is not reported adversely regarding discipline.
 - c. He is otherwise eligible for continuance of the scholarship on the basis of income of his parents.
 - d. No scholarship holder under this scheme draws a scholar- ship or financial assistance of any kind from any other source.
4. In order to claim scholarship following documents are to be submitted every year before 30th April.
 - a. income certificate from revenue authority duly countersigned by Assistant Commissioner (Revenue).
 - b. Income certificate from employer.
 - c. Income affidavit duly attested by notary.

School Morning Assembly

Day	Type	Coordinated By
Monday	Principal's Assembly	House on Rotation
Tuesday	Senior Master's Assembly	House on Rotation
Wednesday	House Assembly	House Master
Thursday	Adm Offr's Assembly	House on Rotation
Friday	Vice Principal's Assembly	House on Rotation
Saturday	Class Assembly	Class Teacher
Assembly I/C.	Mr Sandeep Kumar, PGT Chemistry	

* * *

Summer School Academic Routine

Ser	Event	Time (in Hrs)
1.	Rouser	0500
2.	Muster by MOD	0540 - 0550
3.	Physical / NCC Training	0550 - 0630
4.	Bath and change	0630 - 0710
5.	Breakfast	0710 - 0730
6.	Uniform check by House Masters	0730 - 0735
7.	Assembly	0750 - 0840
8.	I period	0850 - 0930
9.	II period	0930 - 1010
10.	III period	1010 - 1050
11.	Break	1050 - 1110
12.	IV period	1110 - 1150
13.	V period	1150 - 1230
14.	VI period	1230 - 1310
15.	VII period	1310 - 1350
16.	Lunch	1355 - 1425
17.	Rest and Change	1425 - 1530
18.	Muster by MOD	1530 - 1545
19.	Prep	1545 - 1730
20.	Tea	1730 - 1745
21.	Clubs/Games	1745 - 1900
22.	Wash and Change	1900 - 1945
23.	Muster by MOD	1945 - 2000
24.	Dinner	2000 - 2030
25.	TV / Own Time	2030 - 2130
	(House to be locked by 2130 hrs)	
26.	Self Study	2130 - 2230
27.	Light out	2230

Winter School Academic Routine

Ser	Event	Time (in Hrs)
1.	Rouser	0545
2.	Muster by MOD	0620 - 0630
3.	Physical / NCC Training	0630 - 0700
4.	Bath and change	0700 - 0740
5.	Breakfast	0740 - 0800
6.	Uniform check by House Masters	0800 - 0810
7.	Assembly	0815 - 0845
8.	I period	0900 - 0940
9.	II period	0940 - 1020
10.	III period	1020 - 1100
11.	Break	1100 - 1120
12.	IV period	1120 - 1200
13.	V period	1200 - 1240
14.	VI period	1240 - 1320
15.	VII period	1320 - 1400
16.	Lunch	1410 - 1430
17.	Rest and Change	1430 - 1515
18.	Muster by MOD	1515 - 1530
19.	Clubs/Games	1530 - 1645
20.	Tea	1645 - 1700
21.	Wash and change	1700 - 1745
22.	Prep (Headcount by MOD in classes)	1800 - 2000
23.	Dinner	2010 - 2030
24.	TV / Own Time (House to be locked by 2130 hrs)	2040 - 2130
25.	Self Study	2130 - 2230
26.	Light out	2230

Sunday / Holiday Routine

Ser	Event	Time (in Hrs)
1.	Shramdaan / Cross Country Practice / Games	0645 - 0730
2.	Wash and Change	0730 - 0850
3.	Muster by MOD	0850 - 0900
4.	Breakfast	0900 - 0930
5.	Day Prep in the Hostel/Classrooms	1000 - 1330
6.	Lunch	1335 - 1400
7.	Own Time / Personal Adm / CSD	1400 - 1600
8.	Muster by MOD	1600 - 1610
9.	Tea	1610 - 1620
10.	Games (Optional)	1620 - 1700
11.	Wash and Change	1700 - 1750
12.	Evening Prep in Hostel/ Classrooms	1800 - 1920
	Boys going out on outpass will report back by 1800 hrs.	
13.	Muster by MOD	1920 - 1930
14.	Dinner	1930 - 2000
15.	TV	2000 - 2130
16.	Self Study	2130 - 2230
17.	Lights out	2230

List Of Holidays (To Be Observed During The Year 2023)

Ser	Closed Holidays	Date	Day
1.	गणन्त्र दिवस/ Republic Day	January 26	Thursday
2.	होली/ Holi	March 08	Wednesday
3.	राम नवमी / Ram Navami	March 30	Thursday
4.	महावीर जयन्ती / Mahavir Jayanti	April 04	Tuesday
5.	गुड फ्राइडे / Good Friday	April 07	Friday
6.	ईद-उल-फितर / Id-ul-Fitar	April 22	Saturday
7.	बुद्ध पूर्णिमा / Buddha Purnima	May 05	Friday
8.	ईद-उल-जुहा (बकरीद) / Id-ul-Zuha (Bakrid)	June 29	Thursday
9.	मुहर्रम / Muharram	July 29	Saturday
10.	स्वतंत्रता दिवस / Independence Day	August 15	Tuesday
11.	जन्माष्टमी (वैष्णव) / Janmashtami (Vaishnva)	September 07	Thursday
12.	मिलाद-उन-नबी / ईद-ए-मिलाद (पैगम्बर मोहम्मद साहब का जन्म दिवस) Milad-un-Nabi/Id-e-Milad (Birthday of Prophet Mohammad)	September 28	Thursday
13.	महात्मा गांधी जयन्ती / Mahatma Gandhi's Birthday	October 02	Monday
14.	दशहरा / Dussehra	October 24	Tuesday
15.	दिवाली (दीपावली) / Diwali (Deepavali)	November 12	Sunday
16.	गुरु नानक जयन्ती / Guru Nanak's Birthday	November 27	Monday
17.	क्रिसमस दिवस / Christmas Day	December 25	Monday

Academic Calendar Session 2023-24

Date	Day	Event	Remarks
APRIL 2023			
01 Apr	Sat	Academic Session 2023-24 begins	
03 Apr	Mon	NCC Troop Distribution, Academic Conference 1	
05 Apr	Wed	Nominations for Cadet Appointments	
06 Apr	Thu	Club Distribution	
08 Apr	Sat	NCC Parade, Kit inspection	
10 Apr	Mon	Inter House Football (Jrs & Srs)	
11 Apr	Tue	Inter House Football (Jrs & Srs)	
12 Apr	Wed	Inter House Football (Jrs & Srs)	Club Day
14 Apr	Fri	Cultural club activity Fancy Dress Competition EBSB Theme traditional and festival attire of Tamil Nadu	
15 Apr	Sat	NCC Parade	
16 Apr	Sun	UPSC NDA - I, Parents' Day	
19 Apr	Wed	Inter House Volleyball (Jrs & Srs)	Club Day
20 Apr	Thu	Inter House Volleyball (Jrs & Srs)	
21 Apr	Fri	Inter House Volleyball (Jrs & Srs)	
24 Apr	Mon	Investiture Ceremony, Unit Test Week 1 begins	
25 Apr	Tue	NDA MOCK TEST 1 (Maths)	
26 Apr	Wed	NDA MOCK TEST 1 (GAT)	Club Day
27 Apr	Thu	Yoga Asanas Demo Lecture 1 on Health and Wellness	AKAM
28 Apr	Fri	Cultural club Activity Folk Dance Competition on Tamil Nadu	EBSB
29 Apr	Sat	NCC Parade, Movie Day,	

MAY 2023

01 May	Mon	Academic Conference 2, Dinner Night	
02 May	Tue	Mother's Day Hindi Poetry Writing Competition	
03 May	Wed	NDA MOCK TEST 2 (Maths)	Club Day
04 May	Thu	NDA MOCK TEST 2 (GAT)	
06 May	Sat	NCC Parade	
08 May	Mon	Red Cross Day, First Aid Demo	
09 May	Tue	Inter House Basketball (Jrs & Srs)	
10 May	Wed	Inter House Basketball (Jrs & Srs)	Club Day
11 May	Thu	Inter House Basketball (Jrs & Srs)	
11 May	Thu	National Technology Day Quiz	
13 May	Sat	NCC Parade	
15 May	Mon	Inter House English Declamation Juniors Admire the heroes of Tamil Nadu. Declamation Competition on War Heroes and eminent personalities in the field of literature, Science and Socio Economic Growth of Tamil Nadu. (EBSB)	
16 May	Tue	Inter House English Declamation Seniors Admire the heroes of Tamil Nadu. Declamation Competition on War Heroes and eminent personalities in the field of literature, Science and Socio Economic Growth of Tamil Nadu. (EBSB)	
17 May	Wed	NDA MOCK TEST 3 (Maths),	Club Day
18 May	Thu	NDA MOCK TEST 3 (GAT)	
20 May	Sat	NCC Parade 21 May Sun Parents' Day	
22 May	Mon	Inter House English Debate Juniors	
23 May	Tue	Inter House English Debate Seniors	
24 May	Wed	NDA POP VISIT (Tentative)	Club Day

25 May	Thu	Guest Lecture 2	
27 May	Sat	NCC Parade, Movie Day, Unit Test	
		Week 2 begins	
29 May	Mon	Inter House Hockey (Jrs & Srs)	
30 May	Tue	Inter House Hockey (Jrs & Srs)	
31 May	Wed	Inter House Hockey (Jrs & Srs)	Club Day

JUNE 2023

01 Jun	Thu	Special Morning Assembly on Theme: Know the Technology & Economy of Tamil Nadu. Elocution / Prepared talk on the advancement of Tamil Nadu in the Field of Science & Technol- ogy, Industrial & Economic Growth. (EBSB)	
		NDA MOCK TEST 4 (Maths)	
02 Jun	Fri	NDA MOCK TEST 4 (GAT)	
03 Jun	Sat	NCC Parade	
05 Jun	Mon	Summer Vacation commences 21 Jun Wed International Day of Yoga (IDY) 29 Jun Thu Id ul Zuha (Bakrid)	

JULY 2023

03 Jul	Mon	North Zone Competitions—Football begins at SS Ghorakhal	
18 Jul	Tue	Hostel Staff report back to School	
19 Jul	Wed	Cadets report back to School	
20 Jul	Thu	Poster Making Competition on Historic Place of Tamil Nadu : Theme Know the Historic Places of Tamil Nadu (EBSB)	
22 Jul	Sat	Kit Inspection, NCC Parade	
24 Jul	Mon	Inter House English Spelling Competition Juniors	
25 Jul	Tue	Inter House English, Hindi, Urdu Essay	

		Writing Competition on theme Know the Historic Places of Tamil Nadu (EBSB)	
26 Jul	Wed	Kargil Vijay Diwas, NDA MOCK TEST 5 (Maths), Club Day	
27 Jul	Thu	NDA MOCK TEST 5 (GAT)	
28 Jul	Fri	Van Mahotsav Tree Plantation	AKAM
29 Jul	Sat	Muharram	
31 Jul	Mon	PT 1 commences	

AUGUST 2023

05 Aug	Sat	PT 1 concludes	
06 Aug	Sun	NDA MOCK TEST 6 (MATHS & GAT) as per actual UPSC NDA TIMING in two sessions	
07 Aug	Mon	Academic Conference 3	
09 Aug	Wed	Student Exchange Programme between Sainik School Nagrota & Sainik School Amaravathinagar *Mess Captain & one Cook to be part of the Exchange Programme for Dec EBSB Culinary Fest, Club Day	EBSB
12 Aug	Sat	NCC Parade, PT 1 Result, PTA Meeting 1 (Auditorium) Parents' Orientation Program for newly inducted cadets of VI & IX	
15 Aug	Tue	Independence Day, Cultural Programme	AKAM
16 Aug	Wed	NDA MOCK TEST 7 (Maths)	Club Day
17 Aug	Thu	NDA MOCK TEST 7 (GAT)	
19 Aug	Sat	NCC Parade 20 Aug Sun Parents' Day	
22 Aug	Tue	Raising Day Celebrations, Club Presentation	
23 Aug	Wed	NDA MOCK TEST 8 (Maths),	Club Day
24 Aug	Thu	NDA MOCK TEST 8 (GAT)	
25 Aug	Fri	Academic Conference 4	
26 Aug	Sat	NCC Parade	
28 Aug	Mon	Unit Test Week 3	
30 Aug	Wed	NDA MOCK TEST 9 (Maths),	Club Day

31 Aug Thu NDA MOCK TEST 9 (GAT),
Guest Lecture 3

SEPTEMBER 2023

02 Sep	Sat	NCC Parade	
03 Sep	Sun	UPSC NDA II	
04 Sep	Mon	Academic Conference 4, Dinner Night	
05 Sep	Tue	Inter House Badminton for Boys / Girl Cadets	
06 Sep	Wed	Inter House Badminton for Boys / Girl Cadets,	ClubDay
07 Sep	Thu	Janmashtami	
08 Sep	Fri	Cultural Club activity : Spread awareness about Tamil Nadu. Break the Myth about Tamil Nadu through Street plays	EBSB
09 Sep	Sat	NCC Parade	
11 Sep	Mon	Hindi Pakhwara Inter House Hindi Debate on theme Aware- ness about Tamil Nadu. Share what you learn about Tamil Nadu through Hindi Debate Competition	EBSB
12 Sep	Tue	Inter House Cross Coun try Competition	
13 Sep	Wed	Club Day	
14 Sep	Thu	Hindi Diwas, Inter House Hindi Poetry Recitation	
16 Sep	Sat	NCC Parade	
17 Sep	Sun	Parents' Day	
18 Sep	Mon	PT 2 / Half Yearly Examination commences	
28 Sep	Thu	Milad un Nabi (Birthday of Prophet Mohammad)	
30 Sep	Sat	NCC Parade	

OCTOBER 2023

02 Oct	Mon	Gandhi Jayanti (Mahatma Gandhi's Birthday)	
03 Oct	Tue	Special Morning Assembly comprising of Poetry Recitation on Tamil Nadu Inter Section Quiz Competition on Tamil Nadu for VII and VIII Standard IPSC U-19 FOOTBALL (BOYS) CHAMPIONSHIP BEGINS Dinner Night	(EBSB)
04 Oct	Wed		Club Day
06 Oct	Fri	IPS C U-19 FOOTBALL (BOYS) CHAMPIONSHIP CONCLUDES	
07 Oct	Sat	NCC Parade, Half Yearly Results, PTA Meeting 2 (Auditorium)	
08 Oct	Sun	Indian Air Force Day	
09 Oct	Mon	Academic Conference 5, Winter Kit Inspection	
11 Oct	Wed	Inter House Athletics (Jrs & Srs)	
12 Oct	Thu	Inter House Athletics (Jrs & Srs)	
13 Oct	Fri	Inter House Athletics (Jrs & Srs)	
14 Oct	Sat	NCC Parade	
15 Oct	Sun	Parents' Day	
18 Oct	Wed	Club Day	
19 Oct	Thu	Inter House Dramatics Competition (Sindh & Jhelum)	
20 Oct	Fri	Inter House Dramatics Competition (Chenab & Trikuta)	
21 Oct	Sat	NCC Parade	
24 Oct	Tue	Dussehra	
25 Oct	Wed	Inter House Painting Competition	Club Day
26 Oct	Thu	Guest Lecture 4	
27 Oct	Fri	Inter House Drill Competition (Jrs & Srs)	
28 Oct	Sat	NCC Parade	

30 Oct	Mon	Unit Test Week 4
31 Oct	Tue	Rashtriya Ekta Diwas

NOVEMBER 2023

01 Nov	Wed	Inter House Obstacle Course Competition (Srs)	
02 Nov	Thu	Student Exchange Programme between Sainik School Nagro- ta & Sainik School Sujanpur Tira, Know your Neighbouring State Himachal Pradesh	EBSB
04 Nov	Sat	NCC Parade	
06 Nov	Mon	Academic Conference 6 (Syllabus to be completed by 30 Nov 22)	
08 Nov	Wed		Club Day
10 Nov	Fri	Diwali Mela	AKAM
11 Nov	Sat	NCC Parade, Cadets proceed on Diwali Break	
12 Nov	Sun	Diwali	
15 Nov	Wed	Club Day	
18 Nov	Sat	NCC Parade	
22Nov	Wed	Club Day	
23Nov	Thu	Inter House Quiz Competition	
24 Nov	Fri	NDA POP VISIT (Tentative)	
25 Nov	Sat	NCC Parade, Preamble Reading, Constitution Pledge	
27 Nov	Mon	Guru Nanak's Birthday	
29Nov	Wed	Club Day	
30Nov	Thu	Guest Lecture 5, Deadline for completion of syllabus (X and XII)	

DECEMBER 2023

01 Dec	Fri	Academic Conference 7 (Final Academic Review, Remedial, Weak cdt performance, Counselling)	
02 Dec	Sat	IT Club Activity presenting a movie on Culture & festivals of Tamil Nadu of 90 minutes using Camtasia 9 Video Editing Software , NCC Parade	
09 Dec	Sat	PT 3 /Pre Board 1 commences	
17 Dec	Sun	Ex Nagrotians' Meet	
19 Dec	Tue	Culinary Art Festival at Cadets' Mess: Theme Promote the Culture & Tradition of Tamil Nadu. Preparing & presenting the food of Tamil Nadu. (Menu : Sambar, (Menu : Sambar, Puliyardarai, Paruppu Payasam, Pollachi Nandu Fry, Mutton Kola Urundai, Chicken Chettinad, Filter Kaapi, Pongal, Murukku) Project be executed by visiting cadets of Student exchange Programme to Sainik School Amaravathinagar	EBSB
22 Dec	Fri	PT 3 / Pre Board Results	
23 Dec	Sat	Annual Day EBSB	
24 Dec	Sun	Cadets proceed on Vacation	
25 Dec	Mon	Christmas Day	
26 Dec	Tue	Winter Vacation commences	

JANUARY 2024

07 Jan	Sun	AISSEE 2024 (Tentative)	
15 Jan	Mon	Indian Army Day	
18 Jan	Thu	Hostel Staff report back to School	
19 Jan	Fri	Cadets report back to School	

20 Jan	Sat	Kit Inspection
22 Jan	Mon	Board Practical commences (Tentative)
26 Jan	Fri	Republic Day
27 Jan	Sat	Pre Board 2 commences

FEBRUARY 2024

08 Feb	Thu	Pre Board 2 results
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MARCH 2024

04 Mar	Mon	Annual Examination Classes VI to IX & XI commences
16 Mar	Sat	Annual Examination ends
21 Mar	Thu	Submission of Class XI results & Review Conference
22 Mar	Fri	Declaration of results for Class XI
25 Mar	Mon	UPSC NDA Coaching for new XII begins
27 Mar	Wed	Submission of results of Classes VI to IX
28 Mar	Thu	Result Review Conference
29 Mar	Fri	Declaration of results of Classes VI to IX, PTA Meeting 3 (Auditorium)

Sainik School Nagrota Athletic Records

Ser. No.	Cadet No.	Name	House	Event	Record
1.	3715	Jagbir Singh	Trikuta	100 M	11.12 Sec
2.	1782	Prahlad Singh	Chenab	200 M	23.07 Sec
3.	1849	Shahid Hussain	Chenab	400 M	54.02 Sec
4.	2192	Ram Kumar	Jhelum	800 m	02.14.30 Min
5.	2192	Ram Kumar	Jhelum	1500 M	04.33.11 Min
6.	2192	Ram Kumar	Jhelum	3000 M	09.57.00 Min
7.	2192	Ram Kumar	Jhelum	5000 M	17:15.12 Min
8.	2219	Mrinal Kanchan	Jhelum	110 Hurdles	15.00 Sec
9.	3651	Tushant Kumar	Jhelum	400 Hurdles	01.06.00 min
10.	1751	Stanzin Wangdon	Jhelum	Triple Jump	12.89 mtr
11.	2717	Kundan Kumar	Chenab	Long Jump	06.01 mtr
12.	1729	Amit Bloon	Jhelum	High Jump	01.70 m
13.	2051	Ajay Rajput	Chenab	Pole Vault	02.75 m
14.	1961	Tsetan Namgyal	Chenab	Hammer Throw	37.10 m
15.	1837	Chanchal Kumar	Sindh	Discus	38.11 mtr
16.	1926	Thinles Namgyal	Chenab	Shot Put	13.91 mtr
17.	1899	Parminder Singh	Jhelum	Javelin	51.00 mtr

स्कूल प्रार्थना

जहाँ निर्भय चित हो मस्तक उंचा, ज्ञान हो बाधाहीन,
जहाँ मनुज-मनुज मे भेद नहीं, हो वाणी सत्यासीन ।

जहाँ निर्भय चित हो मस्तक उंचा ज्ञान हो बाधाहीन,
जहाँ मनुज-मनुज मे भेद नहीं, हो वाणी सत्यासीन ।

जहाँ पूर्णता के शिखर स्पर्श हित, वाहु हो चिरविस्तृत,
जहाँ शुद्ध ज्ञान की निर्मल धारा, मरू में न होती विलीन।

अंतयामी अंतर को तुम, करते जहाँ विशाल,
अंतयामी अंतर को तुम, करते जहाँ विशाल,

स्वतंत्रता के उसी स्वर्ग-हित,
जागे जागे, अपना देश विशाल ।

रविन्द्रनाथ टैगोर
07 मई 1861-07 अगस्त 1941
लेखक, चित्रकार, संगीतज्ञ एवं नोबेल पुरस्कार
विजेता

SCHOOL SONG

In the shadow of the mighty hills,
Where the nature all its charm displays;
Green fields abound and the flowers fair;
May the Sainik School Nagrota be on the top always!

Onwards the goal we go, till the eternal shores,
Never fearing, ever daring, up to the hill of life we go!
And up to the hill of life we go!

Ever shall we hold its banner high;
Keep its name forever bright;
In the life of sorrows and joys,
The School shall guide us with its light.

Onwards the goal we go, till the eternal shores,
Never fearing, ever daring, up to the hill of life we go!
And up to the hill of life we go! And up to the hill of life we go!

* * *

स्कूल गीत

ज्ञान, वीरता और अनुशासन पर है टेक हमारी,
वीर सैनिक नगरोटा के हम है देश-पुजारी ।

अनगिनत धाराएँ बहती तरुण त्रिकुटा क्षेत्र से,
चिनाब का कलरव पोषित करता स्फूर्ति अपने बेग से,
सिंध बहता यौवन भरता जोश अपनी धार से,
बुँद-बुँद से परम पवित्र बहती द्रोलग हमारी,
वीर सैनिक नगरोटा के हम है देश-पुजारी ।

महान राष्ट्र का प्रहरी बनने को सब ही अनुशासित है,
सैनिक स्कूल का बच्चा-बच्चा सैनिक बनने को लालायित है,
शत्रु के दाँत खट्टे करने को हम सब ही उत्साहित है,
दृढ-प्रतिज्ञ, कर्तव्य-निष्ठ रहेंगे, कसम हमारी,
वीर सैनिक नगरोटा के हम है देश पुजारी ।

गर्वोन्नत यह देश हमारा, मनोक्षित प्रदेश हो,
एकता के बंधन में बंधे, हम सब से विशेष हों,
ज्ञान-मान के शिखरों पर आसीन विश्व-नरेश हों,
विश्व-विख्यात, जन-जन व्यापक है संस्कृति हमारी,
वीर सैनिक नगरोटा के हम हैं देश-पुजारी

यह धरती जोरावर की, मीर्जा द्वीद्वी की आन है,
राजेन्द्र सिंह की कुर्बानी में ही अपनी शान है,
हमलावर कसाइलियों के हाथों बनाई जान है,
इनकी यादों को संजोना है यह सीख हमारी,
वीर सैनिक नगरोटा के हम हैं देश-पुजारी ।

स्कूल प्रार्थना-2

दया कर दान विद्या का, हमें परमात्मा देना,
दया करना हमारी आत्मा को शुद्धता देना ।

हमारे ध्यान में आओ, प्रभु आँखों में बस जाओ
अंधेरे दिल में आकर के, प्रभु ज्योति जगा देना ।

वहा दो प्रेम की गंगा, दिलों में प्रेम का सागर,
हमें आपस में मिल-जुल कर, प्रभु रहना सिखा देना ।

दया कर दान विद्या का, हमें परमात्मा देना,
हमारा धर्म हो सेवा, हमारा कर्म हो सेवा,

सदा ईमान हो सेवा, व सेवक जन बना देना ।
दया कर दान विद्या का, हमें परमात्मा देना,

वतन के वास्ते जीना, वतन के वास्ते मरना,
वतन पर जान फिदा करना, प्रभु हमको सिखा देना ।
दया कर दान विद्या का, हमें परमात्मा देना ।

NCC SONG

Hum Sab Bharatiya Hain, Hum Sab Bharatiya
Hain Apni Manzil Ek Hai,
Ha, Ha, Ha, Ek Hai, Ho,
Ho, Ho, Ek Hai.
Hum Sab Bharatiya Hain.

Kashmir Ki Dharti Rani Hai,
Sartaj Himalaya Hai,
Saadiyon Se Humne Isko Apne Khoon Se Pala
Hai Desh Ki Raksha Ki Khatir Hum Shamshir
Utha Lenge, Hum Shamshir Utha Lenge.

Bikhre Bikhre Taare Hain Hum Lekin Jhilmil Ek Hai, Ha, Ha, Ha, Ek Hai
Hum Sab Bharatiya Hai.
Mandir Gurudwaare Bhi Hain Yahan
Aur Masjid Bhi Hai Yahan
Girija Ka Hai Ghariyaal Kahin
Mullah ki Kahin Hai Ajaan

Ek Hee Apna Ram Hain, Ek hi Allah Taala Hai,
Ek Hee Allah Taala Hain, Raang Birange Deepak Hain Hum,
lekin Jagmag Ek Hai, Ha Ha Ha Ek Hai, Ho Ho Ho Ek Hai.
Hum Sab Bharatiya Hain, Hum Sab Bharatiya Hain.

* * *

Record of Outpass

Ser No.	Date	Place	Duration		Perpose	Approved/ Not Approved
			From	To		
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

Record of Outpass

Ser No.	Date	Place	Duration		Perpose	Approved/ Not Approved
			From	To		
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

Record of Leave

Ser No.	Duration		Place	Perpose	Approved/ Not Approved
	From	To			
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

Record of Leave

Ser No.	Duration		Place	Perpose	Approved/ Not Approved
	From	To			
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

Record of Counselling

Ser No.	Date	Counselled For	Counselled by	Signature
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

Record of Counselling

Ser No.	Date	Counselled For	Counselled by	Signature
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

Record of Academic Performance

Subject	PT-1	Half Yearly	PT-3	Annual Exam
English				
Maths				
Physics				
Chemistry				
Biology				
Computer Science				
General Science				
Social Science				
Second Language				
Third Language				

Record of Participation

Ser No.	Event Participated/ Level	Role	Prize/ Position	Signature of House Master
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

Declaration By Parents

I have read and understood the contents of the School Diary including “Disciplinary Actions/ Punishments” and agree with the School Management for compliance by me and my ward.

Date :

Signature of Parent

Time Table

Period Days				M I L K B R E A K				
Mon								
Tue								
Wed								
Thu								
Fri								
Sat								

Period Days				M I L K B R E A K				
Mon								
Tue								
Wed								
Thu								
Fri								
Sat								

Officer Like Qualities

Planning and Organizing

Effective Intelligence
Reasoning Ability
Power Of Expression
Organizing Ability

Social Adjustment

Social Adaptability
Sense of Responsibility
Co-operation

Social Effectiveness

Self Confidence Initiative
Ability to Influence the Group
Speed of making Decision Liveliness

Dynamic

Determination
Courage
Stamina

* * *



Cadet's Commandments

1. Be loyal to the school and the country.
2. Be physically fit, mentally alert and morally upright.
3. Be disciplined and obedient.
4. Be brave, enthusiastic and cheerful in all eventualities.
5. Be dutiful, studious and willing to serve the school and the country
6. Choose the harder right instead of the easier wrong.
7. Be pure in thought and deed, courteous and polite in conduct with the subordinate and the weak.
8. Do not lie, cheat, steal or abet the same.
9. Take pride in being a cadet of this school and avail yourself of the opportunities offered by the school.
10. Place service before self.